

# Federated States of Micronesia (Pohnpei)

## High School

### Global Youth Tobacco Survey (GYTS)



## FACT SHEET . . . . .

The Federated States of Micronesia (Pohnpei) High School GYTS includes data on prevalence of cigarette and other tobacco use as well as information on five determinants of tobacco use: access/availability; environmental tobacco smoke exposure (ETS); cessation; media and advertising; and school curriculum. These determinants are the components Federated States of Micronesia could include in a comprehensive tobacco control program.

The Federated States of Micronesia GYTS was a school-based

survey of middle and high school students conducted separately in Chuuk, Kosrae, and Pohnpei in 2001. All 5 high schools in Pohnpei were included in the high school study and all students in grades 9-12 in each school were eligible to participate. The school response rate was 100.0%, the student response rate was 93.9%, and the overall response rate was 93.9%. A total of 1,246 students participated in the Federated States of Micronesia (Pohnpei) High School GYTS.

### Prevalence

- 68.2% of students had ever smoked cigarettes
- 56.8% currently use any tobacco product
- 27.9% currently smoke cigarettes
- 53.4% currently use smokeless tobacco products
- 21.7% of current smokers feel they need a cigarette every day

### Knowledge and Attitudes

- 73.5% think people can get addicted to tobacco use
- 68.6% think young people who smoke have more friends
- 25.2% think smoking cigarettes makes young people look cool or fit in
- 73.8% think smoke from others is harmful to them

### Access and Availability – Current Smokers

- 61.4% buy cigarettes in a store
- 75.8% who bought cigarettes in a store were NOT refused purchase because of their age
- 65.1% had not been refused purchase of cigarettes in a store because of their age

### Environmental Tobacco Smoke

- 50.1% were in the same room with someone smoking in the past 7 days
- 58.1% rode in a car with someone who was smoking in the past 7 days
- 54.4% live with someone who smokes
- 60.2% have one or more friends who smoke

### Cessation – Current Smokers

- 88.5% want to stop smoking
- 77.8% tried to stop smoking during the past year
- 44.5% ever participated in a program to help them quit smoking

### Media and Advertising

- 66.7% saw or heard anti-smoking media messages in the past 30 days
- 93.6 saw pro-tobacco media messages in the past 30 days
- 30.4% have an object with a cigarette brand logo
- 43.2% would wear something with a tobacco company name or logo on it

### School

- 37.1% had been taught ways to say “no” to tobacco in class during the past year

### Highlights

- Cigarette smoking is very high; over half currently use smokeless tobacco products.
- Over 1 in 5 current smokers are “dependent” on cigarettes.
- Almost 9 in 10 smokers want to stop.
- ETS exposure is high
- 9 in 10 saw pro-tobacco media messages, but only 7 in 10 saw anti-smoking media messages in the past 30 days.
- Only 1 in 4 taught ways to say “no” to tobacco in school the past year.

### Recommendations

- A youth cessation program is needed.
- Effective tobacco use prevention curricula need to be accessible to more students.

### Actions

- <country add if applicable>